

5 & Under Waltz:

Closed changes, Natural Turn, Reverse Turn, Whisk & Chasse from PP, Hesitation Change.

5 & Under Cha Cha:

Chasse L & R, Cha Cha Locks Fwd, Cha Cha Locks Back, Basic Movement, Open Basic, Time Step, 3 Cha Cha's, New York, Hand to Hand, Spot Turn.

Intros for Ballroom: figures from the current UKAdance Provisional & Associate syllabus.

Intros for Latin: figures from the current UKAdance Associate syllabus.

Bronze for Ballroom: figures from the current UKAdance Provisional, Associate & Licentiate syllabus.

Bronze for Latin: figures from the current UKAdance Associate & Licentiate syllabus.

Silver/Gold for Ballroom: figures from the current UKAdance Provisional, Associate, Licentiate & Fellowship syllabus.

Silver/Gold for Latin: figures from the current UKAdance Associate, Licentiate & Fellowship syllabus.

**PLEASE NOTE THE FIGURES ALL APPEAR IN DETAIL IN THE LATEST UKA TECHNIQUE BOOKS.**

**FURTHER NOTE THAT THE LATEST LATIN TECHNIQUE TAKES FOLDER FORMAT, BOTH ARE OBTAINABLE FROM CENTENARY HOUSE.**

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